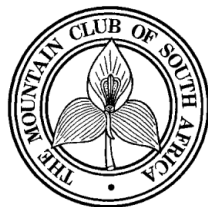


Founded 1891



# *The Mountain Club of South Africa*

CAPE TOWN SECTION

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Clubhouse open: Monday to Friday 10h00 – 14h00 and Friday 19h30 – 20h15

9 May 2009

To whom this may concern

## Epilepsy Youth Awareness Programme – Mount Elbrus 2010

Kai Pryce-Fitchen is a courageous young man who is currently a pupil at Rondebosch Boys High School, Cape Town. Kai has epilepsy and is passionate about removing the stigma surrounding this controllable neurological disorder.

On the 10th of January 2009 at 7:25am, Kai reached the summit of Mount Kilimanjaro. He said:  
“ Standing at 5895 meters above sea level was one of the most challenging experiences of my life and one of the toughest things I have ever put my body through, not only physically but mentally”.

Climbing Mount Kilimanjaro was not only significant for Kai, but he also raised money and awareness for Epilepsy South Africa, and is currently an ambassador for the Epilepsy Youth Awareness Program which was launched in September last year to educate Youth about Epilepsy and “turning obstacles into true potential”. The vision behind the Youth Awareness Program is to create opportunities for young people to learn more about themselves, overcome their disabilities, and to set goals for themselves.

In 2010, Kai will be 16 and he is planning to climb Mount Elbrus in Russia. It is almost as high as Kilimanjaro, but it is a very different challenge, as it is a snow and ice climb. If he succeeds, he will be the youngest South African to summit Mt Elbrus.

The Mountain Club of South Africa (Cape Town Section) fully endorses Kai’s plans to climb Mount Elbrus in 2010 as well as his role as an ambassador for the Epilepsy Youth Awareness Program.

The Mountain Club of South Africa encourages you to support Kai’s vision and dream.

Yours sincerely,

Stephen Davey  
(Chairman)

The MCSA is a member of the UIAA – The International Mountaineering and Climbing Federation